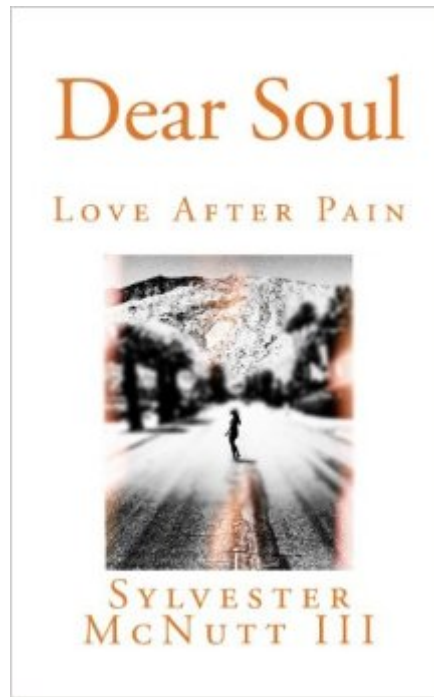


The book was found

# Dear Soul: Love After Pain



## Synopsis

We live in a generation that lacks authenticity, honesty, and empathy. We do not understand each other or each other's struggles as human beings. Today, my culture needs more love and understanding than ever before. We need more healing, growing, and development than ever before. Our souls are being killed by technology, expectation, and separation. Dear Soul is my attempt at laying the groundwork for recovery, healing, and moving forward. Dear Soul is my journey journal written in conversationalist tone, a very intimate, introspective style of poetry, and it shows the twisted romantic observations of the world, which we have all seen. This book connects to every human because it is based on finding love after pain. Pain is something that is common to each of our stories. Let's be honest "how many of us are still suffering from incidents from our childhood? When we struggle in life, the problem is not the problem. The problem is not having adequate solutions or resources to really move forward from the stresses. Dear Soul is the ultimate book to help you take an introspective look inside to uncover a deeper connection with self and a deeper scope for possible solutions for any type of pain. As a writer, my style has been dubbed "visionary poetry," and my purpose is to combine observations, poetry, and persuasive logic. My only goal is to cause an intense amount of thought or reflection inside of each reader. I do not put my words together to be "right." Right and wrong are relative and based on a person's perception and experience. It would be egregious of you to tell me that anything I am writing about is wrong, and vice versa. Nothing is wrong; everything in life is all about perception and perspective. The user who will get the most from this book is one who will relate to the topics that are relevant to his or her personal growth. The other user is someone who will step outside of his or her bubble and understand another's struggle. Once you can holistically understand another person's struggle, then you have activated empathy, and I believe that empathy is the most important quality missing from our culture. Once you have a culture of people who understand each other, are comfortable with self, and able to communicate effectively, then you raise the vibration of the entire world with that energy. We sit inside of our bubbles and internalize the pain of everything that happens to us, but we don't align with our struggles or successes. I am genuinely happy when I see people succeed at something they've worked for. I am able to share the joy as if it were my own accomplishment. I am able to feel the pain of a woman who doesn't feel comfortable walking down the street at night alone. No, I have never been a woman, but I have listened to those stories and tried to put myself there. Let's just be honest. This generation does not talk about sex, race, or pain from our childhood. We ignore those topics and we ignore self-love. I never heard the word self-love when I was growing up. As a child, I also didn't hear the word love much. I

went on several spiritual journeys in my early twenties to discover the deepest version of self. What I present to you here is a continuation of the journey. I am happy, I am healed, and I am as healthy as I can be. Today, I am sharing a spiritual, emotional, and health journey with you inside of these lines.

## Book Information

Paperback: 176 pages

Publisher: CreateSpace Independent Publishing Platform (October 4, 2015)

Language: English

ISBN-10: 1511895640

ISBN-13: 978-1511895644

Product Dimensions: 5 x 0.4 x 8 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #37,248 in Books (See Top 100 in Books) #22 in [Books > Self-Help > Hypnosis](#)

## Customer Reviews

Great book! Easy and good read... Like good for your soul read. A book that brings emotions from past or current events in life always builds a strong connection with a book! i highly recommend this book. it's journal style type of book and it worked really well to express the authors vision and points. Love the quotes and the tie in.

Sometimes your feelings and pain you cannot put into words. It is like Sylvester McNutt comes into your world, lifts you higher, because that should be put purpose.

Great read!!

[Download to continue reading...](#)

Dear Soul: Love After Pain Soul Mates & Twin Flames: Discover a Timeless Love, Fulfill Your Soul's Purpose, and Experience a Higher Level of Love (Soul Mates, Twin Flames, Karmic ... Spirits, Endless Love, Spiritual Partner) Joint Pain No More: How to Effectively Eliminate Pain and ease your Aches! (Pain Management, Muscle Pain, sports injury) Hip Flexor Pain: The Ultimate Guide to Fix Tight Hip Flexors and Cure Tight Hips Life! (hip flexors, hip pain, hip flexor stretches, hip flexor, hip pain relief, hip joint pain, hips) Wrist Pain, Neck Pain - Lower Back Pain - Shoulder Treatments Be

Focussed Only To The Area That Hurts?: A Comfortable Healthy Sleep Without Neck Pain And ...  
Neck Pillow, (Children health care Book 1) Echoes of the Soul: The Soul's Journey Beyond the Light  
- Through Life, Death, and Life After Death After Effects for Flash / Flash for After Effects: Dynamic  
Animation and Video with Adobe After Effects CS4 and Adobe Flash CS4 Professional DYING TO  
REALLY LIVE: Finally, an After Death Survivor returns from deeply into life after death (NDEs - Life  
After Death? Series Book 1) Freedom from Pain: The Breakthrough Method of Pain Relief Based on  
the New York Pain Treatment Program at Lenox Hill Hospital Life Without Pain: Free Yourself from  
Chronic Back Pain, Headache, Arthritis Pain, and More, Without Surgery or Narcotic Drugs  
MARIJUANA: Guide To Illness And Pain Management (Medical Marijuana, Pain Management,  
Cannabis, Epilepsy, Cancer Treatment, Chronic Pain) Foot Pain: Ingrown Toenail: How To Become  
Stress Free And Easily Cure This Nasty Nail Disease Today From The Comfort Of Your Own Home  
(Foot Pain, Foot Problems, Foot Pain Relief, Foot Reflexology) TMJ Temporomandibular Joint  
Dysfunction - Causes, Symptoms, Treatment, and Pain Relief For Your Jaw Pain (How to Get Rid of  
Jaw Pain & Headaches Due to TMJ) Chicken Soup for the Bride's Soul: Stories of Love, Laughter  
and Commitment to Last a Lifetime (Chicken Soup for the Soul) Chicken Soup for the Grandma's  
Soul: Stories to Honor and Celebrate the Ageless Love of Grandmothers (Chicken Soup for the  
Soul) Dear John, I Love Jane: Women Write About Leaving Men for Women Dear Lover: A  
Woman's Guide To Men, Sex, And Love's Deepest Bliss The Dear Queen Journey: A Path To  
Self-Love #Love: #Love is Book #1 in the Adult Book Series Celebrating Love and Friendship  
(#Love, #Pretty, #Beautiful, #Beauty, #Me) (#Coloring #Book Series of Adult Coloring Books)  
Southern Cooking Cookbooks: southern cooking recipes Collection Of the Best, Healthy, Delicious  
And Recommended Soul Food Cookbook (soul food for diabetes,Southern Cookbook): Best Fried  
Chicken

[Dmca](#)